

P.E. Thursday 21/05/20

**WALT** make medals for our family sports day.

This week we are planning a family sports day for our Friday topic lesson!



**How** will you reward your family for joining in your sports day?

Today we are making **medals** for the winners!

**You will need:**

card (I cut up a pizza box from my recycling)

tin can (or something with a circular face)

colouring pens, pencils, crayons, paint, decorations (whatever you have)

pen lid to draw the olympic rings

ribbon or paper



**Instructions:**

1. Place the can on the card and draw around to make a circle.



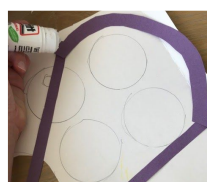
2. Cut out the circle.



3. Decorate your medal how you like. I used a pen lid to draw the olympic rings.



4. Cut 2 long strips of paper and 1 strip in a semi circle shape.
5. Stick the 2 strips of paper to the back of the medal and the semi circle to each end of the strips.



6. Or stick the 2 ends of your ribbon to the medal.
7. Make a medal for each of your family.

If you have the ingredients, you could bake your medals!

Follow this link to a recipe for Gold Medal Biscuits from CBBC.:



[https://childrens-binary.files.bbci.co.uk/childrens-binarystore/cbbc/matrbs3e1\\_1\\_goldmedalbiscuits.pdf](https://childrens-binary.files.bbci.co.uk/childrens-binarystore/cbbc/matrbs3e1_1_goldmedalbiscuits.pdf)



Save your medals to hand out when you have completed your family sports day!

**Music Thursday 21/05/20 (and everyday or whenever you can!)**

**WALT practise singing the song Awa Yombe from The Gambia.**



Follow this link to join in **Week 4, Part 3.2:**

<https://www.lambethmusic.co.uk/mx-years-1--2.html>

Sign in details below if it asks for them:

Username: resources@lambethmusic.co.uk

Password: Token2020

