

Monday 18th May 2020

PSHE – Explore the impact of puberty on the body

Dear Pupils and Parents/Carers

Please read the following together and make a decision about whether you want to teach this lesson at home or not.

Under normal circumstances, we would be having lessons about puberty and the changes it makes to our bodies this week in school. Your child has had several short lessons about this before.

The best way for these lessons to take place is with adult guidance, in the form of a frank and honest conversation. If you are unable to or you don't want to have these conversations with your child then your child doesn't have to complete this lesson.

For guidance on how this should take place please visit the following website from the BBC <https://www.bbc.co.uk/teach/class-clips-video/rse-ks2-puberty-whats-happening-to-my-body/znhdvk7>

I would suggest that adults watch the video first before allowing children to watch it.

RSE KS2: Puberty - What's happening to my body?

BBC Teach > Primary resources > KS2 PSHE > The Big Talk



After watching the video, see if you and your child can have a conversation about puberty and the changes they might expect to happen.

Good Luck and if you need any further guidance on how this could take place please get in touch with us through the school .