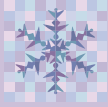









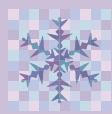



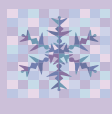








	Monday a.m.	Tuesday a.m.	Wednesday a.m.	Thursday a.m.	Friday a.m.
CROWN LANE	Crown Lane Weaning sessions 10.00am – 12.00pm Dates: 8 th Jan, 5 th Feb, 5 th March	Crown Lane 	Crown Lane Brunch Club 9.30am -11.00am with Cook and Eat session 11 th Jan, 15 th Feb, 15 th March 	Crown Lane Milk Spot 10.00am - 12.00pm 	Crown Lane Stay and Play 9.15am – 11.00am Or First Aid Training 10.00am – 12.00pm <i>Booking required</i> Dates:
	The Lodge Childminders Forest Fun session 10.00am - 11.30am Dates: 29 th Jan, 26 th Feb, 26 th March 	The Lodge Triple P Parent Workshops and crèche 10.00am - 12.00pm Dates: 23 rd Jan, 30 th Jan 6 th Feb, 13 th Feb:	The Lodge 	The Lodge Little Diggers 10.00am - 11.30am 	The Lodge Hopscotch Sessions with creche 9.30am - 11.30am <i>Booking required</i>
STREATHAM HUB	Streatham Hub Music Time 10.00am – 11.30am <i>Booking required</i> 	Streatham Hub Triple P Parent Workshops and crèche 10.00am - 12.00pm; Dates: 27 th Feb, 6 th March, 13 th March, 20 th	Streatham Hub Job Club with Hubert 10.00am -12.00pm <i>Booking required</i>	Streatham Hub Citizens Advice Bureau 10.00am – 1.00pm <i>Booking required</i>	Streatham Hub Jumping Beans 10.00am -11.00am 
	Streatham Hub Childminders' Drop In 10.00am – 11.30am Childminders' Music Time 11.30am – 12.00pm Dates: 8 th Jan, 5 th Feb, 5 th March		Streatham Hub Play and Learn 10.00am - 11.30am 	Streatham Hub Brunch Club 10.00am -11.30am 	Streatham Hub Weaning sessions 10.00am – 12.00pm Dates: 12 th Jan, 9 th Feb, 9 th March
	Monday p.m.	Tuesday p.m.	Wednesday p.m.	Thursday p.m.	Friday p.m.
CROWN LANE	Crown Lane 	Crown Lane Baby Explorers 2.00pm - 3.00pm 	Crown Lane 	Crown Lane 	Crown Lane 
	The Lodge Sewing Course and crèche (by invitation) 1.00pm - 2.30pm 	The Lodge 	The Lodge 	The Lodge ESOL Course and crèche 1.00pm - 3.00pm <i>Booking required</i>	The Lodge 
STREATHAM HUB	Streatham Hub Asthma Clinic 1.00pm - 5.00pm	Streatham Hub Introduction to Beauty Therapy Course 1.00pm - 3.00pm <i>No creche</i> Starts 16 th Jan	Streatham Hub ESOL Course and crèche 1.00pm-3.00pm <i>Booking required</i>	Streatham Hub 	Streatham Hub Baby Massage (4 weeks old - precrawlers) 1.00pm - 2.30pm 

Please note: Some groups have limited spaces available and priority will be given to families living within our catchment area.

Childminders' Drop In: Group for local Lambeth registered Childminders'.

Play and Learn: Play, singing and craft activities for children aged 0 - 5yrs.

Brunch Club: Drop in sessions for families with children aged 0 - 5yrs. Have a healthy late breakfast, join in craft activities and singing. (50p contribution).

Health Visitors: Health visitors will be attending the Brunch Club sessions.

Healthy Eating Session: The Community Food Worker will attend Brunch Club sessions monthly.

Citizen Advice Appointments: Legal, financial and housing independent and confidential 1:1 advice. Booking required.

Boogie Tots: Fitness fun to support your child's physical development. For families with children aged 2- 5 years. Limited to 15 spaces.

Music sessions: Half hour, small group music sessions with music teacher. £2.00 charge per family.

10.00am-10.30am- birth to 12 months,

10.30am-11.00am- 13 months to 2.5yrs,

11.00am-11.30am- 2.5 to 5 yrs

Triple P workshops: 4 workshops for parents exploring children's behaviour and positive communication.

First Aid (monthly): A free workshop covering emergency resuscitation, common injuries and illnesses, facilitated by The London Ambulance Service. Limited spaces.

Baby Explorers: Group for new mums with babies under 1year.

Milk Spot: Facilitated by local midwives to promote and support breastfeeding for you and your baby.

Weaning session: Introduction to starting your baby on solid foods.

Job Club: Hubert Humphrey offers 1:1 advice to help you get back to work, apply for jobs and create CV's.

Paths To Work: Support in looking for a job, help building skills, confidence and experience, and help with training and education. Crèche provided.

ESOL and Active Citizenship Course: 10 Week course for parents who would like to improve their spoken English Language.

Little Diggers Gardening Group: Growing plants and vegetables together and activities in the garden.

Stay and Play: Play, singing and craft activities for children aged 0 - 5yrs

Outreach/Family Support: The team support families living within the catchment areas for Crown Lane and Streatham Hub Children's Centre. They are always on hand to offer support and advice on several of subjects including: applications for 2 year funded nursery places, child development and behaviour, housing issues, benefits, debt, relationships and domestic abuse, finding childcare and parenting support.

Sewing Group: Come and use our sewing machines to create your own ideas. Limited crèche available. By invitation only.

Contact details:

Streatham Hub Children's Centre – 388 Streatham High Road, SW16 6HX - Phone: 0203 515 7088

Crown Lane Children's Centre – Crown Lane Primary School, Crown Lane, SW16 3HX - Phone: 020 8761 7139

The Lodge – 57 Crown Lane, SW16 3JF - Phone: 020 8761 6091

